

Balinese Massage	Duration, 1 Haur
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Begin your treatment with the foot bath where your feet and lower legs will be cleansed with rose petals in water, then scrubbed with sea salt. Choose your oil and enjoy a traditional Balinese massage that will ease away stress and any tensions in your body.

- \* Welcome Drink
- \* Cool Face Towel
- \* Rose Petal Foot Bath
- \* Traditional Massage
- \* Ginger Tea

## Aromatherapy Duration: 1 Hour 15 min

Begin your treatment with an aromatic footbath using tropical flowers and herbal bath salts. Then, a smooth massage, using our own special blend of natural, aromatherapy massage oil.

- \* Welcome Drink
- \* Cool Face Towel
- \* Aromatic Foot Bath
- \* Aromatherapy Massage
- \* Ginger Tea

## Kubu Indah Reflexology

Modern day living is creating stress and tension and can cause discomfort for the entire body. Reflexology is more than just a foot massage; this ancient therapy is known to promote the body's own healing powers. The principle is based on the theory that the foot, divided in reflex zones, is a mirror of the body.

**Duration: 1 Hour** 

- \* Welcome Drink
- \* Cool Face Towel
- \* Foot Scrub
- \* Reflex foot massage
- \* Ginger Tea

Facial Duration: 1 Hour

This is a relaxing facial treatment that incorporates a soothing massage of the head, face and neck. All natural products are used to cleanse, exfoliate and moisturize the face.

- \* Welcome Drink
- \* Cool Face Towel
- \* Face cleansing, tone and scrub
- \* Face peeling and mask
- \* Ginger Tea

## Package Jet Lag

This package is recommended both before and after your travel. Enjoy a firm traditional Balinese massage, which will relax tense and knotted tissue, as well as improve the circulation. Then your skin is exfoliating with our Traditional Lulur Scrub to ensure removal of dead skin cells. A perfect start or end of your holiday.

**Duration: 90 Minutes** 

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- \* Welcome Drink
- \* Cool Face Towel
- \* Aromatic foot bath
- \* Balinese Massage
- \* Traditional Lulur Scrub
- \* Ginger Tea

## Package Sunshine

This package will benefit people with dry skin or slight sunburn. Unwind and recharge with our Aromatherapy Massage and finish with a cooling cucumber wrap, the perfect combination to moisturize your skin.

- \* Welcome Drink
- \* Cool Face Towel
- \* Aromatic foot bath
- \* Aromatherapy Massage
- \* Cucumber wrap for sensitive skin
- \* Ginger Tea

Package Kubu Indah	Duration: 2 Hours
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This package is our Signature treatment. Enjoy a traditional Balinese massage, with our own special blended oil. Then your skin is exfoliating with our Traditional Lulur Scrub to ensure removal of dead skin cells. Finish your package with a facial that completes your days of renewal.

- \* Welcome Drink
- \* Cool Face Towel
- \* Aromatic foot bath
- \* Balinese Massage
- \* Traditional Lulur Scrub
- \* Face cleansing, tone and scrub
- \* Face peeling and mask
- \* Ginger Tea